## Happiness is considered very important in life.

Why is it difficult to define?

What factors are important in achieving happiness?

## You should give reasons for your answer using your own ideas and experience.

In this rapidly changing world, the experience of feeling the sense of pleasure is prerequisite. In addition, the meaning of happiness is different for many people in many places. That is why it is arduous to interpret this word as a precise and neat definition.

Nowadays, although many are searching out the satisfaction from something out of themselves such as ample amount of wages, a prestigious line of work and economic freedom. In contrary, for the others the inner satisfaction is mandatory. Hence, how can a simple person can delineate in the happiness for his life? As such, from my point of view, the first crucial requirement to be happy is the physical and psychological soundness. Due to the fact that there are no intellectual or emotional improvements leadings to a sense of a delightful life if a person does not feel healthy.

In fact, in my <u>case\_view</u>, <u>gaining</u> a sense of fulfilment depends on a paramount factor which being introvert or extrovert <u>individual</u> ascertains. For instance, not only does an introvert person require <u>to-fulfilment of</u> his desires, but also this is the never\_ending process for him. Further he always <u>try-tries</u> to arouse his curiosity and inspiration. On the other hand, an extrovert personality needs an interpersonal communication as well as <u>a family caring</u>. While both these groups should be aware of their self-awareness and find <u>the-contentment</u> in lives.

In conclusion, the simplest need of all characters is being content. But according to this essayin my estimation, we cannot interpret it as a particular definition. It has various meanings for different people in this world. Moreover, inner satisfaction should takes priority is primary for everyone to experience which is does not depend on belong to any certain outcomes and they just learn how to impose it.

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